



Ahmed Temple 37 & Ahmed Court 134

Present the

## 10th Annual Diabetes Walk

# “Stepping for Diabetes”

Saturday, May 26, 2018, 9 a.m. - 1 p.m.

Jake Gaither Community Center

801 Bragg Drive, Tallahassee, FL

Registration Fee:

\$15 Adults

\$10 Children (K-12)



**3 Mile Fun Walk/Run,  
Giveaways, Healthy Lunch  
Afrobics, Zumba, Line Dances  
Children's Activities  
Health Information &  
Free Health Screenings:**

Blood Pressure

Glucose

Cholesterol

Body Mass Index

Medication Counseling

### Schedule of Events

#### *Pre-Walk*

Registration at  
[www.stepsfor4diabetes.blogspot.com](http://www.stepsfor4diabetes.blogspot.com)

#### **Day of Event**

Onsite Registration 9 a.m.

Welcome and Introductions 9:45 a.m.

Walk Begins 10 a.m.

Health Fair 10 a.m.

Lunch Served at 12 p.m.



Ahmed Temple 37 and Ahmed Court 134  
are community supporters of *Live Empowered®* an initiative  
program of the American Diabetes Association®

[www.diabetes.org](http://www.diabetes.org) 1-800-Diabetes

**For More Information Call 850-284-6873 or  
[Stepping4diabetes.blogspot.com](http://Stepping4diabetes.blogspot.com)**

**This is a program of the Ahmed Temple #37 Foundation, Inc.**